



A 501 (c) (3) charitable organization

Coast to Coast & Around the World - Since 2001

## UTAH (UT)

**Population:** 3,161,105 (USA Rank: 30)

**Per Capita Income:** \$29,756 (USA Rank: 39)

**U.S.Governments:** <https://www.usa.gov/elected-officials>

*(Federal, State & local - most recent elected officials)*

**Utah:** [www.utah.gov](http://www.utah.gov)

**Governor's office:** <https://governor.utah.gov>

**Secretary of State:** <https://secretaryofstates.com/utah>

**Tourism:** [www.travel.utah.gov](http://www.travel.utah.gov)

**Major Cities:** Salt Lake City, West Valley City, Provo, West Jordan, Orem

## Multicultural Council of America

Non-Profit umbrella organization, promoting world cultures, education & healthcare

<https://www.multiculturalcouncil.org> Email: [info@multiculturalcouncil.org](mailto:info@multiculturalcouncil.org)

**WE** are a non-profit membership organization, helping you connect with people and organizations within **Utah** and beyond, for better communication, exchanging ideas, learning & helping communities locally, nationally and globally thru Multicultural Council Chapters.

We encourage you to please become a *member*, join one of our committees, **be a volunteer or mentor**, *donate your time & money and share your ideas to help the communities*. Membership is open to individuals, organizations, corporations and governments.

Please *advertise* your organization, services or products in this website to reach out to local, regional and global multicultural communities.

**Tourism Promotion** has become our special project during these uncertain times. Tourism is the world's largest industry. Prior to the pandemic, according to the National Travel and Tourism Week (NTTW) the travel industry was a powerful economic engine, supporting jobs and driving local economies in every pocket of America. The industry had experienced 107 straight months of growth, generated \$2.6 trillion in economic output, supported 17 million American jobs and delivered a \$51 billion trade surplus to the U.S.

In 2019, Utah visitors spent a record \$10.06 billion in the Utah economy, which supported 141,500 jobs and

generated \$1.34 billion in state and local tax revenue. With restrictions of the pandemic 2020 devastated the Utah's tourism industry but it seems to be coming back slowly.

While Tourism bounced back strongly in 2022, driven by pent-up demand and the lifting of travel restrictions, the international travel remains 54.6% below pre-pandemic. The recovery is fragile with new uncertainties from the economic slowdown & geopolitical instability.

The Multicultural Communities within Utah and throughout the world have always been instrumental in increasing Tourism Revenues for Utah, for employment and our economic growth. Let's work together to help each other.

**Population by Race:** Source: Census Bureau – American Community Survey (<https://census.gov/acs>) & *Pew Research*

		Utah				U. S.A.	Change 2010-21	% increase
1	White	85.7%				192,750,000	-4,060,000	(<0%)
2	Black or African American	1.3%				39,270,000	1,580,000	7%
3	Hispanic or Latino	14.2%				62,530,000	12,050,000	52%
4	Asian	2.4%				18,890,000	4,420,000	19%
5	American Indian and Alaska Native	1.1%				-	-	-
6	Two or more Races	3.2%				14,300,000	8,330,000	36%
7	Pacific Islanders	0.9%				-	-	-
8	Utahns Speaking A Foreign Language at Home	15.8%				-	-	-

### How Much Do You Need To Earn, to Live Well in Utah?

**Family Budget Calculator**, developed by the Economic Policy Institute ([www.epi.org/resources/budget](http://www.epi.org/resources/budget)) allows you to calculate the average amount of money you need for Housing, Food, Childcare, Transportation, Healthcare, Taxes, etc. in the area where you live or wish to live.

### Utah Information, Contacts & Resources

- **History & Culture:** <https://www.utah.gov/about/utah-history.html>
- **History & Culture:** [https://en.wikipedia.org/wiki/History\\_of\\_Utah](https://en.wikipedia.org/wiki/History_of_Utah)
- **Demographics:** <https://www.census.gov/quickfacts/UT>
- **Discrimination** (*Violation of Your Civil Rights based on race, color, national origin, disability, sex, religion, familial status, etc.*): 833-591-0291 or Toll-Free:1-855-856-1247 <https://civilrights.justice.gov>
- **Eldercare:** Connecting older Americans with local resources – [www.eldercare.acl.gov](http://www.eldercare.acl.gov) 800-677-1116 [eldercarelocator@USAging.org](mailto:eldercarelocator@USAging.org)
- **Environment** (Air Quality in your zip-code for Home/Work) [www.airnow.gov](http://www.airnow.gov) & [www.enviroflash.info](http://www.enviroflash.info)
- **Health:** [www.health.utah.gov](http://www.health.utah.gov)
- **Health: National Association of Free & Charitable Clinics:** 703-647-7427 - <https://nafcclinics.org> [info@nafcclinics.org](mailto:info@nafcclinics.org)
- **Drug Information** (*Interactions, side-effects, etc.*): Call your local pharmacist or FDA at 1-855-543-3784 and 1-301-796-3400 or write to [druginfo@fda.hhs.gov](mailto:druginfo@fda.hhs.gov)
- **Immigration & Citizenship:** [www.uscis.gov/citizenship](http://www.uscis.gov/citizenship) Email: [Office.of.Citizenship@uscis.dhs.gov](mailto:Office.of.Citizenship@uscis.dhs.gov)
- **IRS-Taxpayer Advocate Service:** 877-777-4778 [www.taxpayeradvocate.irs.gov](http://www.taxpayeradvocate.irs.gov)
- **Fraud, Scams & Bad Business Practices:** 1-877-382-4357 <https://reportfraud.ftc.gov>
- **The Innocence Project helping wrongfully convicted Americans:** <http://www.innocenceproject.org>  
- Email: [info@innocenceproject.org](mailto:info@innocenceproject.org)
- **Need Urgent Legal Help?** Legal Services Corporation: 202-295-1500 ([www.lsc.gov](http://www.lsc.gov) – [info@lsc.gov](mailto:info@lsc.gov) or American Bar Association: Toll Free: 800-285-2221 [www.americanbar.org](http://www.americanbar.org)

**Utah Crisis Hotlines:** <https://health.utah.gov/telephone-hotlines>

**911** (9-1-1 is a confidential and multilingual **EMERGENCY #**)

**211** - is a free referral and information helpline that connects people to a wide range of health and human services

- **Utah County Crisis Line:** +1 (801) 691-5433

**Adult Abuse:** 1-800-371-7897

**Alcohol & Drug Abuse:** (877) 537-9653 or (833) 698-6639 or (855) 428-6221

**Child Abuse:** 1-855-323-3237

**Domestic Violence:** (801) 521-5544 or (801) 210-0218 or (801) 392-7273 or (801) 227-5037

- **Utah Domestic Violence Coalition:** +1 800-897-5465 [www.udvc.org](http://www.udvc.org)

**Gambling Problem:** 1-800-522-4700

**LGBT Elder Hotline:** 877-360-LGBT (5428)

**Mental Health:** 801-587-3000 or 801-323-9900 or 877-230-6264 (NAMI-Utah)

**Military / Veterans Helpline:** 801-326-2372 or Toll Free: (800) 894-9497

**Quitting Tobacco Helpline:** 1-800-QUIT-NOW (784-8669). TTY/hearing impaired 1-888-229-2182.  
*¿Habla español?* Llame 1-877-629-1585.

**Sexual Assault:** Utah Coalition Against Sexual Assault: 801-746-0404 [www.ucasa.org](http://www.ucasa.org) Email: [info@ucasa.org](mailto:info@ucasa.org)

**Shelters:** South Valley Services: 24-Hour Helpline: 801-255-1095 TTY/Text Helpline: 801-870-5018  
Website: [www.svsutah.org](http://www.svsutah.org) Email: [info@svsutah.org](mailto:info@svsutah.org)

**Suicide Prevention:** **800-273-8255** **Español: 888-628-9454**

**Youth line:** 1-877-968-8454 (1-877-YOUTHLINE)

**National Crisis Resources:** 24-hour nationwide – Services may be available in many languages

**Addiction Hotline:** 800-784-2433

**Child Abuse:** 1-800-4-A-Child or 1-800-422-4453 (National Child Abuse Hotline) [www.childhelp.org](http://www.childhelp.org)

**Domestic Violence:** 1-800-799-7233 (National Domestic Violence Hotline)

**StrongHearts Native Helpline:** Call/Chat: 1-844-7NATIVE (762-8483) [www.strongheartshelpline.org](http://www.strongheartshelpline.org)

**Shelters:** <https://www.domesticshelters.org>

**Online Chat** (7am-2am CST) <https://www.thehotline.org> - *All calls are toll-free & confidential*

**Human Trafficking Hotline:** 1-888-373-7888 (Text # 233733)

**National Center for Missing & Exploited Children:** 1-800-THE-LOST or 1-800-843-5678

**National Indigenous Women's Resource Center – 855-649-7299 –** [www.niwrc.org](http://www.niwrc.org) - [info@niwrc.org](mailto:info@niwrc.org)

**National Problem Gambling Helpline:** 1-800-522-4700-**Text:** 1-800-522-4700-**Chat:** [www.ncpgambling.org/chat](http://www.ncpgambling.org/chat)

**Suicide Prevention Lifeline:** 1-800-273-TALK (1-800-273-8255) ....**Soon to be 9-8-8**

**Poison Control Center For Emergencies:** 1-800-222-1222

**Covenant House Nineline:** 1-800-RUNAWAY (1-800-786-2929) <https://teenlineonline.org>

**Girls & Boys Town National Hotline:** Phone, Chat, Text, and Email - 1-800-448-3000

**National Youth Crisis Hotline:** 1-800-442-HOPE (1-800-442-4673)

**Samariteens:** 1-800-252-TEENS (1-800-252-8336) - 3:00 p.m.-9:00 p.m.

**Youth Crisis Hotline:** 1-800-HIT-HOME (1-800-448-4663)

**Youth America Hotline (YAH!):** 1-877-YOUTHLINE (1-877-968-8454)

**The Trevor Lifeline:** 1-866-488-7386

\* *The Trevor Lifeline is a service of The Trevor Project, a non-profit endeavor devoted to promoting tolerance and understanding for LGBTQ youth.*

All information contained in this website, including contacts, tel #s or emails, etc. are up-to-date to the best of our knowledge. The Multicultural Council, its officials, staff or volunteers cannot be held responsible for any errors, wrong info or for any liability of any type whatsoever arising thereof. It is strictly your responsibility to check the correct info.

**THANK YOU FOR VISITING OUR WEBSITE**

**PLEASE FORWARD IT TO YOUR FRIENDS & ASSOCIATES  
WITHIN UTAH AND BEYOND**

**Please help us by adding, correcting & improving this website to serve our communities**

Please *advertise* your goods & services in this website – to help us continue our services to communities in Utah - <https://multiculturalcouncil.org/media-kit-ad-rates>

## **GLOBAL SCHOLARSHIP PROGRAM**

Please *donate* & support our Tuition-Free, Post-Secondary Education for the qualified refugees living in Utah or anywhere else in the world, through UNHCR and the American Academy of International Education (<https://www.americanacademyedu.org>)

*Your donations may be tax-deductible because MCC is an accredited 501(c)(3) non-profit organization since 2001.*

- Multicultural Council of America is a partner agency of UNHCR
- American Academy of International Education is affiliated with MCC

