Multicultural Groups & Native American Nations in Arkansas

Afghans	Chadians	Herzegovinians	Micronesians	Seychellois
Albanians	Chickasaw Indians	Hmong	Moldovans	Sierra Leoneans
Algerians	Chileans	Hondurans	Mongolians	Singaporeans
Americans	Chinese	HongKongers	Montserratians	Slovak
Angolans	Colombians	Hungarians	Moroccans	Slovenes
Antiguans/Barbudan	Congolese	Icelanders	Mozambicans	Solomon Islanders
Argentinians	Costa Ricans	Indians (East)	Myanmarese (Burmese)	Somalians
Armenians	Croats	Indonesians	Namibians	South Africans
Austrians	Cubans	Iranians	Native Indian Nations	Spaniards
Australians	Cypriots	Iraqis	Nauruan	Sri Lankans
Azerbaijanis	Czech	Irish	Nepalese	Sudanese
Bahamians	Danes	Israelis	New Zealanders	Surinamers
Bahraini	Djibouti	Italians	Nicaraguans	Swazi (Now Eswatinis)
Bangladeshis	Dominicans (Dominica)	Ivoirians	Nigerians	Swedes
Barbadians	Dominicans (Dom Rep)	Jamaicans	Norwegians	Swiss
Basotho (Lesotho)	Dutch	Japanese	Omanis	Syrians
Belarusians	East Timorese	Jordanians	Osage Indian Tribe	Taiwanese
Belgians	Ecuadoreans	Kazakhstanis	Pakistanis	Tajiks
Belizeans	Egyptian	Kenyans	Palestinians	Tanzanians
Bengalis	Eritrean	Koreans	Panamanians	Thai
Beninese	Estonian	Kuwaitis	Paraguayans	Togolese
Bermudians	Ethiopian	Kyrgyzstani	Papua New Guineans	Tongans
Bhutanese	Equatoguineans	Laotians	Peruvians	Trinidadians
Bolivians	Fijians	Latvians	Poles	Tunica Indian Tribe
Bosnians	Filipinos	Lebanese	Portuguese	Tunisians
Batswana	Finns	Liberians	Puerto Ricans	Turk
Brazilians	French	Libyans	Qataris	Turkmens
British	Gabonese	Liechtensteiner	Quapaw Indian Tribe	Tuvaluans
British Virgin Islanders	Gambians	Lithuanians	Romanians	Ugandans
Bruneians	Georgians	Luxembourger	Russians	Ukrainians
Bulgarians	German	Macedonians	Rwandans	UAE (Emiratis)
Burkinabe	Ghanaians	Makah Nation	Kittians/Nevisian	Uruguayans
Burundian	Gibraltarians	Malagasy	Saint-Lucians	Uyghurs
Caddo Indian Tribe	Greeks	Malawians	Salvadoran	Uzbekistanis
Cambodians	Grenadians	Malaysians	Sao Tomeans	Venezuelans
Cameroonians	Guadeloupians	Maldivians	Sammarinese	Vietnamese
Canadians	Guatemalans	Malians	Samoans	Virgin Islanders
Cape Verdeans	Guineans	Maltese	Saudis	Welsh
Caymanians	Guinea-Bissauans	Mauritanians	Scottish	Yemeni
Central Africans	Guyanese	Mauritians	Senegalese	Zambians
Chaldeans	Haitians	Mexicans	Serbian/Montenegrin	Zimbabweans

• We believe that there are individuals from almost all of the above ethno-cultural groups living, working or studying in Arkansas.

Foreign-Born Population of USA & Arkansas

	Africans:	Countries	USA	Arkansas
1	Eastern Africa	Eritrea, Ethiopia, Kenya, Somalia, Uganda, Zimbabwe, etc.	693,784	1,117
2	Northern Africa	ica Egypt, Morocco, Sudan, Others		778
3	3 Western Africa Cabo Verde, Ghana, Liberia, Nigeria, Senegal, Sierra Leone, others		837,290	920
4	Middle Africa	frica Cameroon, Congo, Democratic Republic of Congo (Zaire), others		▼
5	Southern Africa	South Africa, other * included in #4 Middle Africa	116,297	1,618
6 Other Africa No specific countries		No specific countries	122,734	-
		Totals:	2,293,028	4,433

	Americas:	Countries	USA	Arkansas
1	Latin Americans		22,425,056	95,245
2	Caribbean	Bahamas, Barbados, Cuba, Dominica, Dominican Republic,	4,414943	1,589
		Grenada, Haiti, Jamaica, St. Vincent & Grenadines, Trinidad &		
		Tobago, Others		
3	Central Americans	Belize, Costa Rica, El Salvador, Guatemala, Honduras, Mexico,	14,796,926	90,034
		Nicaragua, Panama, others		
4	South Americans	Argentina, Bolivia, Brazil, Chile, Colombia, Ecuador, Guyana,	3,213,187	3,622
		Peru, Uruguay, Venezuela, others		
5	North Americans	Canada, Bermuda, Greenland and St. Pierre & Miquelon	816,903	1,873

			USA	Arkansas
6	Native Americans	Caddo, Chickasaw, Osage, Quapaw, Tunica & other Nations	5,641,641	59,120

	Asians:	Countries	USA	Arkansas
1	Eastern Asia	Eastern Asia China (mainland & Hong Kong), Japan, Korea, Mongolia, Taiwan		8,694
2	South Central Asians	Afghanistan, Bangladesh, Bhutan, India, Iran, Kazakhstan,	4,113,013	11,056
		Maldives, Nepal, Pakistan, Sri Lanka, Uzbekistan, others		
3	South Eastern Asians	Brunei, Burma (Myanmar), Cambodia, East Timor, Indonesia,	4,318,647	14,017
		Laos, Malaysia, Philippines, Singapore, Thailand, Vietnam, others		
4	Western Asians	Armenia, Azerbaijan, Bahrain, Cyprus, Georgia, Iraq, Israel,	1,159,835	1,319
		Jordan, Kuwait, Lebanon, Oman, Palestine, Qatar, Saudi Arabia,		
		Syria, Turkey, United Arab Emirates, Yemen, others		
5	Other Asians	No specific countries	49,046	-
		Totala	12 007 944	25 176

Totals: 13,907,844 35,176

	Europeans:	Countries	USA	Arkansas
1	Northern Europe Denmark, Ireland, Norway, Sweden, United Kingdom, others		941,796	3,075
2	Western Europe	Austria, Belgium, France, Germany, Netherlands, Switzerland, others		3,552
3	Southern Europe	Greece, Italy, Portugal, Spain, others	761,390	496
4	Eastern Europe	Albania, Belarus, Bosnia & Herzegovina, Bulgaria, Croatia, Czech Republic, Hungary, Latvia, Lithuania, Macedonia, Moldova, Poland, Romania, Russia, Serbia, Slovakia, Ukraine, others	2,153,855	2,508
5	Other Europe	No specific countries	12,030	50
		Totals:	4,818,662	9,681

	0	ceanians (Pacific Region) Countries	USA	Arkansas
Γ	1	Australia & New Zealand	123,080	704
	2	Pacific Islands, including Fiji, Kiribati, Marshall Islands, Micronesia, Nauru island,	88,357	7,174
		Palau, Papua New Guinea, Solomon Islands, Tonga, Tuvalu, Vanuatu, Western Samoa.		
		Totals:	211,437	7,878

Source: Census Bureau - American Community Survey, migration policy institute & many others.

AMERICAN KALEIDOSCOPE

The United States has become the largest "Nation of Nations" in the world, especially since the promulgation of 1965 Immigration Act, which has become the foundation of today's immigration laws.

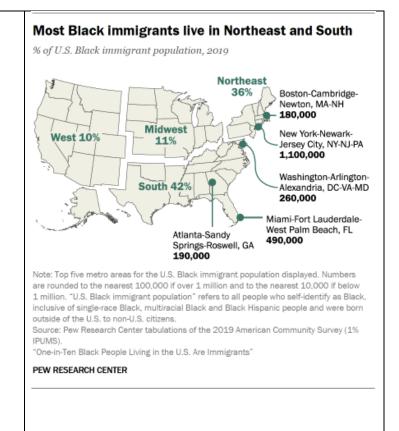
While millions of immigrants have come to USA from every corner of the world, the interesting facts, according to the research by the *Pew Organization*, for the 3 selected groups are as follows:

"Give me your tired, your poor, your huddled masses yearning to breathe free."



1. African & Black Immigrants (from Africa, Caribbean & Latin America):

- One-in-Ten Black People living in the U. S. are Immigrants from Africa, Caribbean or Latin America.
- In 2000, roughly 560,000 African-born immigrants lived in the U. S., by 2019 there were 1.9 million but by 2060 there will be 9.5 million Black immigrants, according to the Census Bureau projections.
- The Black immigrants are projected to outpace US born Blacks in growth (90% vs 29%)
- 12% of Black immigrants are foreign born, while 9% are 2nd generation and 79% are 3rd generation.
 - Most African-born immigrants are new arrivals – 43% arrived between 2010 to 2019, higher than the shares among all U. S. immigrants (25%) and Black immigrants from the Caribbean (21%), Central America (18%) and South America (24%) in the same time period.
 - Black Immigrants are very educated and have a Bachelor's degree (All Immigrant (33%), US born Black (22%), Black Immigrants (31%), many have Master's and Higher degrees.
 - The median household income for Black Immigrants in 2019 was \$57,200, as compared to U.S. born Blacks (\$42,000), while all immigrants to USA earned \$63,000.
 - The Caribbean is the largest origin source of Black immigrants, but fastest growth is among African immigrants.



• While most Black immigrants arrived under the Family Sponsorship Program (Caribbean 29%, Africa 11%), nearly 25% were refugees & assylees (23% Caribbean, 25% Africa).

• Top birthplaces for Black immigrants in US 2000-2019 includes:

 i. Jamaica - 760,000 ii. Haiti - 700,000 iii. Nigeria - 390,000 iv. Ethiopia - 260,000 v. Dominican Republic - 210,000 		Ghana - 190,000 Trinidad & Tobago - 170,000 Kenya - 130,000 Guyana - 120,000 Somalia - 110,000
--	--	--

2. Asian Population:

The Asian population of USA is very diverse hailing from more than 20 countries in Asia.

- While there was virtually no change in the White population between 2000 & 2019, the Asian population grew by 81%, the Hispanics by 70% and the Black population grew by 20%.
 - Chinese Americans are the largest Asian origin group, making up 24% of the Asian population (5.4million), followed by 21% Indian-Americans (4.6million), Filipinos 19% (4.2 million), Vietnamese 10% (2.2million), Koreans 9% (1.9million), and Japanese 7% (1.5million).
 - Nearly half of U. S. Asians (45%) live in the West, with nearly a 3rd in California alone.
 - In 2019, California had 6.7million Asian residents, followed by New York (1.9million), Texas (1.6million), New Jersey (956,000), and Washington (852,000).



- About 7% of nation's overall population or 22 million Asian live in America, but the Asian population is projected to grow to 46 million by 2060.
- Filipinos are considered Asian Hispanics.
- Aside from Hawaii, where U. S. Asians accounted for 57% of the population in 2019, Asians made up the largest share of the overall population in California (17%), Washington, New Jersey and Nevada each has 11% Asians.
- Around six-in-ten Asian Americans (57%), including 71% of Asian American adults were born in another country.
- Asian Americans are projected to be the nation's largest immigrant group by 2055, surpassing Hispanics.
- As of 2019, U.S. Born Asians are substantially younger (34), compared to nation's median age of 38.
- Nearly 60% Asian Americans in 2019 were members of Gen. Z or younger.

- About a 3rd of U.S. Asians (34%) speak *only* English in their homes, while 34% speak Chinese, 13% Hindi, followed by 9% Tagalog and 7% Vietnamese.
- About a quarter of Asian Americans (27%) live in multigenerational households.
- Asians have a lower home-ownership rate than the U.S. population overall (59% vs. 64%)
- Asian Americans had a median annual household income of \$85,800 (2019), as compared to \$61,800 for all Americans, and foreign-born Asians earned slightly more than U.S. born Asians.
- The higher income is generally for Indian-Americans & Filipino-Americans, whereas many others from Asian heritage do not earn as much, and around 10% Asian- Americans live in poverty.
- More than half of Asians age 25 and older (54%) have a Bachelor's degree of more education, as compared to 33% of the U.S. population of same age range.

3. Hispanic – Latino Population:

- The U. S. Hispanic population reached 62.5 million in 2021, up from 50.5 million in 2010. The 19% increase was faster than the nation's 7% growth rate, but slower than the 23% increase in Asian population.
- The growth of Hispanics (52%) accounted for the increase in U. S. population by 23.1 from 2010-2021.
- Almost 28 million Hispanics identified with more than one race in 2021. Many identify themselves as White Americans.
- People of Mexican origin accounted for nearly 60% (37.2 million) of nation's overall Hispanic Population.
- Six other Hispanic origin groups in the U. S. have 1 million or more people each (Salvadorans, Cubans, Dominicans, Guatemalans, Colombians & Hondurans).
 - Hispanics have become the largest racial or ethnic group in California (15.8 million) in 2021, up from 14 million in 2010, while the Non-Hispanic population (White) declined from 15 million to 13.4million during this time.
 - In Texas there are 11.9 million Hispanic and 11.6 million White population.
 - In New Mexico Latinos are not only the largest group, they make up 50% of the state's population.
 - In Florida Latinos (5.8 million) are about 27% of the residents.
 - Top five states with the largest Hispanic population were New York (3.9 million) and Arizona (2.4 million), while Illinois, New Jersey, Colorado, Georgia, Pennsylvania, North Carolina, New Mexico and Washington have more than 1 million Hispanic people.
 - Vermont has the nation's smallest Latino population (14,000) in 2021, followed by Maine (27,000), West Virginia & North Dakota (34,000 each) and South Dakota (41,000). However, North Dakota and South Dakota Hispanic population is increasing rapidly (155% & 87% respectively).



• The fastest population growth among US Latinos has come among those with origins in Venezuela (172% to 660,000), Dominicans (59%), Hondurans (57%) and Guatemalans (53%).

- Hispanic Origin groups in the U. S. (62,530,000) in 2021 include:
 - 1. Mexicans: 37,235,000 (59.5%)
 - 2. Puerto Ricans: 5,800,000 (9.3%)
 - 3. Salvadorans: 2,475,000 (4%)
 - 4. Cubans: 2,400,000 (3.8%)
 - 5. Dominicans: 2,395,000 (3.8%)
 - 6. Guatemalans: 1,770,000 (2.8%)
 - 7. Colombians: 1,400,000 (2.2%)
 - 8. Hondurans: 1,150,000 (1.8%)
 - 9. Spaniards: 995,000 (1.6%)
 - 10. Ecuadorians: 815,000 (1.3%)
 - 11. Peruvians: 720,000 (1.2%)
 - 12. Venezuelans: 660,000 (1.1)

- 13. Nicaraguans: 455,000 (0.7%)
- 14. Argentineans: 295,000 (0.5%)
- 15. Panamanians: 240,000 (0.4%)
- 16. Costa Ricans: 190,000 (0.3%)
- 17. Chileans: 190,000 (0.3%)
- 18. Bolivians: 139,000 (0.2%)
- 19. Uruguayans: 65,000 (0.1%
- 20. Paraguayans: 30,000 (0.0%)
- 21. Other South Americans: 40,000 (0.1%
- 22. Other Central Americans: 30,000 (0.0%)
- 23. All Other Latinos: 3,050,000 (4.9%)
- Mexican origin population grew only 13% from 2010 to 2021.
- Newborns, rather than immigrants, have driven the recent growth of the U. S. Hispanic population. During 2010s, an average of 1 million Hispanic babies were born each year, while only 350,000 Hispanic immigrants arrived annually.
- About 44% of U. S. Hispanic adults ages 25 and older had at least some college experience in 2021, up from 36% in 2010. Bachelor degree holders increased from 13% to 20% during the same period.
- Hispanic women outnumber Hispanic men with college degree (22% vs 18%).
- Nearly 1 million Hispanics are from Spain

The perfect Personal or Corporate Gift for Christmas, Birthdays, Other Special Occasions or as a promotion for client loyalty

PERSONAL MEDICAL RECORD JOURNAL

Our exclusive, unique & comprehensive, confidential personal medical record that could save their life and that of their loved ones, especially in an emergency or when someone is out of town/country.

1. Electronic Version for the smart phone, tablet or computer for only \$10.00

Or

2. A printed copy for only \$12+ \$5 postage & handling

For information or to purchase, please visit www.americanmedicalmassage.org

or

info@americanmedicalmassage.org